

MESSAGE EXCERPT

You want to be a leader, start with learning. Training is reigning!

WHAT IS SELF-LEADERSHIP/LEADING SELF

1. **Leadership begins with self.** If you can't lead yourself successfully, you can't lead others successfully. Leadership itself is all about influence. **John Maxwell** said leadership is all about influence.

- The journey into leadership begins with self!

2. **It is the practice of intentionally influencing you own thoughts and actions to achieve your vision or towards your desired objectives.** So you begin to consciously, intentionally control or influence your own thoughts and action just because of an objective you want to derive.

Note: leading self is not selfishness, **it's the direct opposite.** It talks about **LEADING** your life so you can control/lead other people's life

To lead self you must be very clear on what you want to achieve, derive or become. You must be clear, no confusion. If you can't lead yourself, you can't lead anyone. ***You can be in a position of leadership but not have leadership in you.***

3. **At the base of self-leadership is self-management.** Meaning *I can't lead self without firstly knowing how to manage self.*

- **What is self-management?**

It simply means ***doing things yourself, making things happen for yourself, planning for yourself etc.*** To be a strong leader, you must learn to do things for yourself. Self-management demands you do it at that time. *Learn to make things happen, arrange things, position things right and not relying on people to get things done for you.* If you let people do things you can do for yourself for you, you will never become a good leader.

- **What is self-leadership?**

Self-leadership is taking yourself to the best level possible, being the best version of who you can be. Leaders don't talk to followers, leaders talks to leaders

because every leader understands that there's nothing a follower can give him. Self-leadership talks about being the best version yourself. You don't jump into leadership, you grow into leadership.

A FEW MORE THOUGHTS

- Do I like my present self? Is this the best I can be?
- Do I see or accept myself as reliable, responsible, dependable, and committable?
- Will I choose myself for a particular assignment that deals with the lives and destinies of men?
- What can I do to improve myself?

4. If you really want to influence a generation, you have to live an intentional life. Most people don't LEAD their lives, they merely ACCEPT their lives.

To go uphill, you must be intentional in what you do and what you become. Going uphill is not a baby task; it is a more demanding task. Start whatever you want to see in the future now!

God relates us with Lions and Eagles and their common feature is PRIDE. If you can't do self-management you can't arrive at self-leadership.

IMPROVING YOUR SELF-LEADERSHIP

DEE HOCK the founder and former CEO of the Visa credit card association "said if you want to lead, invest 40% of your time in leading yourself." Paul talking to Timothy in **First Timothy 4:15**, also talking to the leaders of the church in Acts 20:28.

1. **Become Self-intentional** - Be intentional about what you want to become and what you want to do. Do things because you plan to do them. Be deliberate, conscious, willful, purposeful and intentional in your approach to life. Don't do things carelessly and haphazardly. Practice what you want to do.
2. **Self-awareness** - Do you know yourself? Do you know your strengths and abilities?
Lack of self-awareness leads to confusion; *When your purpose meets with your passion, it's a bang! You land into your prepared Promised Land.*
3. **Self-reflection** - thinking on whatever you have done and achieved per time. Ask yourself, was that my best? Reflect on your day, daily.
4. **Self-discipline** -

BRIAN TRACY said the one human quality that must be developed is self-discipline. The will power to force yourself to do what you know you should do when you should do it, whether you like it or not or whether you feel it or not.

ZIG ZIGGLAR said it is character that got us out of bed, commitment moved us into action and discipline enabled us to follow through (consistent).

BURN PHILIPS said the only discipline that lasts is self-discipline. **Be intentional about what you do per time.**

5. **Self-regulation** – It's *checking* and *re-checking* often whether you are still on track with your vision, objectives and destination. Everyone has that tendency to go off track, so always reframe yourself.

WISDOM INFLUENCE THOUGHTS

1. Never be in a hurry to lead others, I must start by leading myself.
2. The world does not measure you as a human being, the world measures you and I as human doing. Go and do something and make something happen. First with yourself!

"The Mirror Principle says be that person you want to work with, you want to work with a smart and intelligent person then be that smart and intelligent person"

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God's best to you!

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